Personal Grooming

🧼 Personal Grooming

1. Is your personal appearance important to you? Is it important in your home culture?
2. What is your morning grooming routine? Do you shower; wear makeup; apply hair products, etc.
3. Do you prefer showers in the morning or at night? Which brands of soap, bodywash and shampoo do you prefer to use?
4. How long does it take you to get ready daily? Do men get ready more quickly than women? Why?
5. What grooming products do you use every day? What is one grooming habit you think is important?
6. Is personal grooming more important for women or men? Is grooming important in your job?

✂️ Getting a Haircut

7. How often do you get a haircut? Do you prefer short hair or long hair? Why?
8. What do you usually ask the hairdresser to do? What type of cut do you ask for?
9. Have you ever had a bad haircut? What happened?
10. Do you like trying new hairstyles, or do you keep the same style?
11. How much do haircuts usually cost in your country?
12. If you have a beard, do you get it trimmed at the barber, or do you take care of your own beard?

🌿 Skincare & Skincare Products

13. Is it more important for men or women to take care of their skin?
14. Do you have a skincare routine? If yes, what do you do?
15. What skincare products do you know (e.g., cleanser, moisturizer, sunscreen)?
16. How important is sunscreen in your daily routine? Do you worry about exposure to sunlight?
17. Do you have dry, oily, or combination skin?
18. Is skincare important for men, if so, what skincare product do you use the most?

💄 Makeup

19. How often do you wear makeup - every day, sometimes, or never? Do you prefer it or dislike it if your partner wears makeup?
20. What makeup products do you know (e.g., lipstick, mascara)?
21. Do you prefer natural makeup or bold makeup? Who taught you how to use makeup?
22. How long does it take to do a simple makeup look? What makeup trends do you like or dislike?

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- **Haircut** — when you cut your hair
- **Hairdresser / Barber** — person who cuts hair
- **Salon / Barbershop** — place to get a haircut
- **Trim** — cut a little bit
- **Layers** — different lengths of hair
- **Bangs / Fringe** — short hair in front
- **Shampoo** — wash hair
- **Conditioner** — product to make hair soft
- **Hairdryer** — machine to dry hair
- **Hair straightener / Curler** — tools to style hair
- **Appointment** — a time you book to see someone
- **Shower** — wash your body
- **Soap / Body wash** — product for cleaning
- **Deodorant** — product to stop body odor
- **Toothbrush / Toothpaste** — for cleaning teeth
- **Razor** — tool for shaving
- **Shave** — remove hair
- **Comb / Brush** — tools for hair
- **Nail clippers** — tool to cut nails
- **Perfume / Cologne** — product to smell nice
- **Lotion** — cream for skin
- **Cleanser / Face wash** — product to clean the face
- **Moisturizer** — cream to keep skin soft
- **Sunscreen / SPF** — protects skin from the sun
- **Serum** — liquid for special skin care
- **Toner** — product used after washing the face
- **Face mask** — product for deep cleaning or moisture
- **Oily skin / Dry skin / Combination skin** — skin types
- **Acne / Pimples** — small bumps on the skin
- **Wrinkles** — lines on the skin
- **Sensitive skin** — skin that reacts easily
- **Foundation** — makeup for the whole face
- **Concealer** — makeup to cover dark spots
- **Powder** — makeup to make skin look smooth
- **Blush** — color for cheeks
- **Eyeshadow** — color for eyelids
- **Mascara** — makeup for eyelashes
- **Eyeliner** — line around the eyes
- **Lipstick / Lip gloss** — color for lips
- **Makeup remover** — product to clean off makeup
- **Natural look / Bold look** — makeup styles

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