

Personality

1. Which two or three adjectives would you use to describe your personality?

loyal	enthusiastic	energetic	calm
laid-back	adventurous	ambitious	creative

2. Are you shy or outgoing? When are you most outgoing?
3. Would your friends describe you as a “wallflower” or “the life of the party?”
4. Are you daring or cautious? In what ways?
5. Are you usually patient or impatient? Can you give an example?
6. Are you quiet or talkative? When are you most talkative? Least?
7. Would you call yourself a leader or a follower? Why?
8. Are you generous or selfish? Are you too selfish or over generous?
9. In what ways are you rigid? In what ways are you flexible?
10. In what ways are you traditional? In what ways are you modern?
11. If pessimistic is 1 and optimistic is 10, what would your number be on the scale? Why did you decide on that number?
12. Would people describe you as a “glass half full” or “glass half empty” type of person?
13. On a scale of 1-10, how assertive are you?
14. Are you more of an extrovert or more of an introvert?
15. Is your personality more like your mother or your father? In what ways?
16. Which colour would you use to describe your personality?
17. Which animal would you use to describe yourself? Tiger? Mouse? Why?
18. Which animal year are you according to Chinese astrology? Does this fit your personality?
19. Have you ever taken a personality test from a magazine or online? Was it helpful? Was it fun? Was it accurate?
20. Which season of the year best describes your personality? In what ways?
21. Do people in your culture tend to be quiet or talkative, in general? How about in Canada?
22. Do people in your culture tend to be more assertive or shy? How about Canadians?
23. Do you think your personality is more inborn or shaped by culture? Explain.
24. Has your personality changed since you came to Canada?... over the years?